



**Detailed Schedule Podium Training RG 16.07.2009**  
**RHYTHMIC GYMNASTICS -**

FED	Name	Warm-up		Carpet and Floor with music		Competition floor	
		30'		60''		60'	
	RUS - EST - GBR	09:30	- 10:00	10:00	- 11:00	11:00	- 12:00
	AZE - HUN - POR	10:30	- 11:00	11:00	- 12:00	12:00	- 13:00
	UKR - BRA - THA	11:30	- 12:00	12:00	- 13:00	13:00	- 14:00
	BUL - AUT - UZB	12:30	- 13:00	13:00	- 14:00	14:00	- 15:00
	BLR - FIN - TPE	13:30	- 14:00	14:00	- 15:00	15:00	- 16:00
	JPN - CAN - RSA	14:30	- 15:00	15:00	- 16:00	16:00	- 17:00



## Detailed Schedule Podium Training RG 17.07.2009



### RHYTHMIC GYMNASTICS

FED	Name	Warm-up		Carpet and Floor with music			Competition floor	
		30'		30''			30'	
	RUS - EST - GBR	08:30	- 09:00	09:00	- 09:30	09:30	- 10:00	
	AZE - HUN - POR	09:30	- 10:00	09:30	- 10:00	10:00	- 10:30	
	UKR - BRA - THA	10:30	- 11:00	10:00	- 10:30	10:30	- 11:00	
	BUL - AUT - UZB	11:30	- 12:00	10:30	- 11:00	11:00	- 11:30	
	BLR - FIN - TPE	12:30	- 13:00	11:00	- 11:30	11:30	- 12:00	
	JPN - CAN - RSA	13:30	- 14:00	11:30	- 12:00	12:00	- 12:30	

1st rotation



**Competitions Rope and Hoop - July 17th, 2009**  
**RHYTHMIC GYMNASTICS**



Start	FED	Name	Warm-up Free From 13:00	Carpet 21'	Floor 21'	Waiting area 7'	Competition floor 3:30'
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1	POR	GOMEZ Ines			14:11:00 - 14:32:00	14:32:00 - 14:53:00	14:53:00 - 15:00:00	15:00:00 - 15:03:30
2	EST	LUKJANOVA Jana			14:14:30 - 14:35:30	14:35:30 - 14:56:30	14:56:30 - 15:03:30	15:03:30 - 15:07:00
3	BLR 2	LIOUVOU Charkashyna			14:18:00 - 14:39:00	14:39:00 - 15:00:00	15:00:00 - 15:07:00	15:07:00 - 15:10:30
4	UKR 1	BESSONOVA Anna			14:21:30 - 14:42:30	14:42:30 - 15:03:30	15:03:30 - 15:10:30	15:10:30 - 15:14:00
5	AZE 1	GURBANOVA Anna			14:25:00 - 14:46:00	14:46:00 - 15:07:00	15:07:00 - 15:14:00	15:14:00 - 15:17:30
6	AZE 2	GARAYEVA Aliya			14:28:30 - 14:49:30	14:49:30 - 15:10:30	15:10:30 - 15:17:30	15:17:30 - 15:21:00
7	JPN 1	INOUE Mimi			14:32:00 - 14:53:00	14:53:00 - 15:14:00	15:14:00 - 15:21:00	15:21:00 - 15:24:30
8	BUL 1	MITEVA Silvia			14:35:30 - 14:56:30	14:56:30 - 15:17:30	15:17:30 - 15:24:30	15:24:30 - 15:28:00
9	RUS 2	LUKONINA Yana			14:39:00 - 15:00:00	15:00:00 - 15:21:00	15:21:00 - 15:28:00	15:28:00 - 15:31:30
10	BLR 1	STANIOUTA Melitina			14:42:30 - 15:03:30	15:03:30 - 15:24:30	15:24:30 - 15:31:30	15:31:30 - 15:35:00
11	RSA	SANDLER Stephanie			14:46:00 - 15:07:00	15:07:00 - 15:28:00	15:28:00 - 15:35:00	15:35:00 - 15:38:30
12	THA	SRIDEE Tharatip			14:49:30 - 15:10:30	15:10:30 - 15:31:30	15:31:30 - 15:38:30	15:38:30 - 15:42:00
13	HUN	VASS Dora			14:53:00 - 15:14:00	15:14:00 - 15:35:00	15:35:00 - 15:42:00	15:42:00 - 15:45:30
14	UZB	TROFIMOVA Ulyana			14:56:30 - 15:17:30	15:17:30 - 15:38:30	15:38:30 - 15:45:30	15:45:30 - 15:49:00
15	GBR	JONES Francesca			15:00:00 - 15:21:00	15:21:00 - 15:42:00	15:42:00 - 15:49:00	15:49:00 - 15:52:30
16	TPE	LAI Ying-Tzu			15:03:30 - 15:24:30	15:24:30 - 15:45:30	15:45:30 - 15:52:30	15:52:30 - 15:56:00
17	RUS 1	ERMAKOVA Aleksandra			15:07:00 - 15:28:00	15:28:00 - 15:49:00	15:49:00 - 15:56:00	15:56:00 - 15:59:30
18	JPN 2	SHOJI Nanase			15:10:30 - 15:31:30	15:31:30 - 15:52:30	15:52:30 - 15:59:30	15:59:30 - 16:03:00
19	UKR 2	MAKSIMENKO Alina			15:14:00 - 15:35:00	15:35:00 - 15:56:00	15:56:00 - 16:03:00	16:03:00 - 16:06:30
20	FIN	ROMANJUK julia			15:17:30 - 15:38:30	15:38:30 - 15:59:30	15:59:30 - 16:06:30	16:06:30 - 16:10:00
21	BUL 2	PRODANOVA Bilyana			15:21:00 - 15:42:00	15:42:00 - 16:03:00	16:03:00 - 16:10:00	16:10:00 - 16:13:30
22	CAN	MANTCHEVA Demetra			15:24:30 - 15:45:30	15:45:30 - 16:06:30	16:06:30 - 16:13:30	16:13:30 - 16:17:00
23	AUT	WEBER Caroline			15:28:00 - 15:49:00	15:49:00 - 16:10:00	16:10:00 - 16:17:00	16:17:00 - 16:20:30
24	BRA	ROSA SAMPAIO Eliane			15:31:30 - 15:52:30	15:52:30 - 16:13:30	16:13:30 - 16:20:30	16:20:30 - 16:24:00

RHYTHMIC GYMNASTICS  
2nd rotation



Start	FED	Name	Warm-up	Carpet	RG Floor	Waiting area	Competition floor
			Free	21'	21'	7'	3:30'

1	POR	GOMEZ Ines			15:51:00 - 16:12:00	16:12:00 - 16:33:00	16:33:00 - 16:40:00	16:40:00 - 16:43:30
2	EST	LUKJANOVA Jana			15:54:30 - 16:15:30	16:15:30 - 16:36:30	16:36:30 - 16:43:30	16:43:30 - 16:47:00
3	BLR 2	LIIOUVOU Charkashyna			15:58:00 - 16:19:00	16:19:00 - 16:40:00	16:40:00 - 16:47:00	16:47:00 - 16:50:30
4	UKR 1	BESSONOVA Anna			16:01:30 - 16:22:30	16:22:30 - 16:43:30	16:43:30 - 16:50:30	16:50:30 - 16:54:00
5	AZE	GURBANOVA Anna			16:05:00 - 16:26:00	16:26:00 - 16:47:00	16:47:00 - 16:54:00	16:54:00 - 16:57:30
6	AZE	GARAYEVA Aliya			16:08:30 - 16:29:30	16:29:30 - 16:50:30	16:50:30 - 16:57:30	16:57:30 - 17:01:00
7	JPN 1	INOUE Mimi			16:12:00 - 16:33:00	16:33:00 - 16:54:00	16:54:00 - 17:01:00	17:01:00 - 17:04:30
8	BUL 1	MITEVA Silvia			16:15:30 - 16:36:30	16:36:30 - 16:57:30	16:57:30 - 17:04:30	17:04:30 - 17:08:00
9	RUS 2	LUKONINA Yana			16:19:00 - 16:40:00	16:40:00 - 17:01:00	17:01:00 - 17:08:00	17:08:00 - 17:11:30
10	BLR 1	STANIOUTA Melitina			16:22:30 - 16:43:30	16:43:30 - 17:04:30	17:04:30 - 17:11:30	17:11:30 - 17:15:00
11	RSA	SANDLER Stephanie			16:26:00 - 16:47:00	16:47:00 - 17:08:00	17:08:00 - 17:15:00	17:15:00 - 17:18:30
12	THA	SRIDEE Tharatip			16:29:30 - 16:50:30	16:50:30 - 17:11:30	17:11:30 - 17:18:30	17:18:30 - 17:22:00
13	HUN	VASS Dora			16:33:00 - 16:54:00	16:54:00 - 17:15:00	17:15:00 - 17:22:00	17:22:00 - 17:25:30
14	UZB	TROFIMOVA Ulyana			16:36:30 - 16:57:30	16:57:30 - 17:18:30	17:18:30 - 17:25:30	17:25:30 - 17:29:00
15	GBR	JONES Francesca			16:40:00 - 17:01:00	17:01:00 - 17:22:00	17:22:00 - 17:29:00	17:29:00 - 17:32:30
16	TPE	LAI Ying-Tzu			16:43:30 - 17:04:30	17:04:30 - 17:25:30	17:25:30 - 17:32:30	17:32:30 - 17:36:00
17	RUS 1	ERMAKOVA Aleksandra			16:47:00 - 17:08:00	17:08:00 - 17:29:00	17:29:00 - 17:36:00	17:36:00 - 17:39:30
18	JPN 2	SHOJI Nanase			16:50:30 - 17:11:30	17:11:30 - 17:32:30	17:32:30 - 17:39:30	17:39:30 - 17:43:00
19	UKR 2	MAKSIMENKO Alina			16:54:00 - 17:15:00	17:15:00 - 17:36:00	17:36:00 - 17:43:00	17:43:00 - 17:46:30
20	FIN	ROMANJUK julia			16:57:30 - 17:18:30	17:18:30 - 17:39:30	17:39:30 - 17:46:30	17:46:30 - 17:50:00
21	BUL 2	PRODANOVA Bilyana			17:01:00 - 17:22:00	17:22:00 - 17:43:00	17:43:00 - 17:50:00	17:50:00 - 17:53:30
22	CAN	MANTCHEVA Demetra			17:04:30 - 17:25:30	17:25:30 - 17:46:30	17:46:30 - 17:53:30	17:53:30 - 17:57:00
23	AUT	WEBER Caroline			17:08:00 - 17:29:00	17:29:00 - 17:50:00	17:50:00 - 17:57:00	17:57:00 - 18:00:30
24	BRA	ROSA SAMPAIO Eliane			17:11:30 - 17:32:30	17:32:30 - 17:53:30	17:53:30 - 18:00:30	18:00:30 - 18:04:00



## Detailed Warm-up and Competition Schedule RG 17.07.2009

### RHYTHMIC GYMNASTICS - Finals Rope



Startlist	Ranking after Qual.	FED	Name	Warm-up From 18:05	Carpet 21'		RG Floor 21'		Waiting Area 7'		Competition 3:30'			
1	3								18:53:00	-	19:00:00	19:00:00	-	19:03:30
2	7								18:56:30	-	19:03:30	19:03:30	-	19:07:00
3	1								19:00:00	-	19:07:00	19:07:00	-	19:10:30
4	4								19:03:30	-	19:10:30	19:10:30	-	19:14:00
5	8								19:07:00	-	19:14:00	19:14:00	-	19:17:30
6	5								19:10:30	-	19:17:30	19:17:30	-	19:21:00
7	6								19:14:00	-	19:21:00	19:21:00	-	19:24:30
8	2								19:17:30	-	19:24:30	19:24:30	-	19:28:00

### RHYTHMIC GYMNASTICS - Finals Hoop

Startlist	Ranking after Qual.	FED	Name	Warm-up	Floor with music 12'		Floor without music 12'		Waiting Area 7'		Competition 3:30'			
1	5								19:23:00	-	19:30:00	19:30:00	-	19:33:30
2	6								19:26:30	-	19:33:30	19:33:30	-	19:37:00
3	2								19:30:00	-	19:37:00	19:37:00	-	19:40:30
4	3								19:33:30	-	19:40:30	19:40:30	-	19:44:00
5	8								19:37:00	-	19:44:00	19:44:00	-	19:47:30
6	1								19:40:30	-	19:47:30	19:47:30	-	19:51:00
7	7								19:44:00	-	19:51:00	19:51:00	-	19:54:30
8	4								19:47:30	-	19:54:30	19:54:30	-	19:58:00

AWARD CEREMONY for the 2 finals 20:00- 20:15



## Detailed Schedule Podium Training RG 18.07.2009



### RHYTHMIC GYMNASTICS

FED	Name	Warm-up		Carpet and Floor with music		Competition floor	
		30'		30''		30'	
	RUS - EST - GBR	08:30	- 09:00	09:00	- 09:30	09:30	- 10:00
	AZE - HUN - POR	09:30	- 10:00	09:30	- 10:00	10:00	- 10:30
	UKR - BRA - THA	10:30	- 11:00	10:00	- 10:30	10:30	- 11:00
	BUL - AUT - UZB	11:30	- 12:00	10:30	- 11:00	11:00	- 11:30
	BLR - FIN - TPE	12:30	- 13:00	11:00	- 11:30	11:30	- 12:00
	JPN - CAN - RSA	13:30	- 14:00	11:30	- 12:00	12:00	- 12:30

1st rotation



## RHYTHMIC GYMNASTICS - Competitions Ball and Ribbon - July 18th, 2009



Start	FED	Name	Warm-up Free From 13:00	Carpet 21'	Floor 21'	Waiting area 7'	Competition floor 3:30'
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1	POR	GOMEZ Ines			14:11:00 - 14:32:00	14:32:00 - 14:53:00	14:53:00 - 15:00:00	15:00:00 - 15:03:30
2	EST	LUKJANOVA Jana			14:14:30 - 14:35:30	14:35:30 - 14:56:30	14:56:30 - 15:03:30	15:03:30 - 15:07:00
3	BLR 2	LIUVOU Charkashyna			14:18:00 - 14:39:00	14:39:00 - 15:00:00	15:00:00 - 15:07:00	15:07:00 - 15:10:30
4	UKR 1	BESSONOVA Anna			14:21:30 - 14:42:30	14:42:30 - 15:03:30	15:03:30 - 15:10:30	15:10:30 - 15:14:00
5	AZE 1	GURBANOVA Anna			14:25:00 - 14:46:00	14:46:00 - 15:07:00	15:07:00 - 15:14:00	15:14:00 - 15:17:30
6	AZE 2	GARAYEVA Aliya			14:28:30 - 14:49:30	14:49:30 - 15:10:30	15:10:30 - 15:17:30	15:17:30 - 15:21:00
7	JPN 1	INOUE Mimi			14:32:00 - 14:53:00	14:53:00 - 15:14:00	15:14:00 - 15:21:00	15:21:00 - 15:24:30
8	BUL 1	MITEVA Silvia			14:35:30 - 14:56:30	14:56:30 - 15:17:30	15:17:30 - 15:24:30	15:24:30 - 15:28:00
9	RUS 2	LUKONINA Yana			14:39:00 - 15:00:00	15:00:00 - 15:21:00	15:21:00 - 15:28:00	15:28:00 - 15:31:30
10	BLR 1	STANIOUTA Melitina			14:42:30 - 15:03:30	15:03:30 - 15:24:30	15:24:30 - 15:31:30	15:31:30 - 15:35:00
11	RSA	SANDLER Stephanie			14:46:00 - 15:07:00	15:07:00 - 15:28:00	15:28:00 - 15:35:00	15:35:00 - 15:38:30
12	THA	SRIDEE Tharatip			14:49:30 - 15:10:30	15:10:30 - 15:31:30	15:31:30 - 15:38:30	15:38:30 - 15:42:00
13	HUN	VASS Dora			14:53:00 - 15:14:00	15:14:00 - 15:35:00	15:35:00 - 15:42:00	15:42:00 - 15:45:30
14	UZB	TROFIMOVA Ulyana			14:56:30 - 15:17:30	15:17:30 - 15:38:30	15:38:30 - 15:45:30	15:45:30 - 15:49:00
15	GBR	JONES Francesca			15:00:00 - 15:21:00	15:21:00 - 15:42:00	15:42:00 - 15:49:00	15:49:00 - 15:52:30
16	TPE	LAI Ying-Tzu			15:03:30 - 15:24:30	15:24:30 - 15:45:30	15:45:30 - 15:52:30	15:52:30 - 15:56:00
17	RUS 1	ERMAKOVA Aleksandra			15:07:00 - 15:28:00	15:28:00 - 15:49:00	15:49:00 - 15:56:00	15:56:00 - 15:59:30
18	JPN 2	SHOJI Nanase			15:10:30 - 15:31:30	15:31:30 - 15:52:30	15:52:30 - 15:59:30	15:59:30 - 16:03:00
19	UKR 2	MAKSIMENKO Alina			15:14:00 - 15:35:00	15:35:00 - 15:56:00	15:56:00 - 16:03:00	16:03:00 - 16:06:30
20	FIN	ROMANJUK julia			15:17:30 - 15:38:30	15:38:30 - 15:59:30	15:59:30 - 16:06:30	16:06:30 - 16:10:00
21	BUL 2	PRODANOVA Bilyana			15:21:00 - 15:42:00	15:42:00 - 16:03:00	16:03:00 - 16:10:00	16:10:00 - 16:13:30
22	CAN	MANTCHEVA Demetra			15:24:30 - 15:45:30	15:45:30 - 16:06:30	16:06:30 - 16:13:30	16:13:30 - 16:17:00
23	AUT	WEBER Caroline			15:28:00 - 15:49:00	15:49:00 - 16:10:00	16:10:00 - 16:17:00	16:17:00 - 16:20:30
24	BRA	ROSA SAMPAIO Eliane			15:31:30 - 15:52:30	15:52:30 - 16:13:30	16:13:30 - 16:20:30	16:20:30 - 16:24:00

## 2nd rotation



## RHYTHMIC GYMNASTICS -



Start	FED	Name	Warm-up	Carpet	RG Floor	Waiting area	Competition floor
			Free	21'	21'	7'	3:30'

1	POR	GOMEZ Ines			15:51:00 - 16:12:00	16:12:00 - 16:33:00	16:33:00 - 16:40:00	16:40:00 - 16:43:30
2	EST	LUKJANOVA Jana			15:54:30 - 16:15:30	16:15:30 - 16:36:30	16:36:30 - 16:43:30	16:43:30 - 16:47:00
3	BLR 2	LIOUVOU Charkashyna			15:58:00 - 16:19:00	16:19:00 - 16:40:00	16:40:00 - 16:47:00	16:47:00 - 16:50:30
4	UKR 1	BESSONOVA Anna			16:01:30 - 16:22:30	16:22:30 - 16:43:30	16:43:30 - 16:50:30	16:50:30 - 16:54:00
5	AZE	GURBANOVA Anna			16:05:00 - 16:26:00	16:26:00 - 16:47:00	16:47:00 - 16:54:00	16:54:00 - 16:57:30
6	AZE	GARAYEVA Aliya			16:08:30 - 16:29:30	16:29:30 - 16:50:30	16:50:30 - 16:57:30	16:57:30 - 17:01:00
7	JPN 1	INOUE Mimi			16:12:00 - 16:33:00	16:33:00 - 16:54:00	16:54:00 - 17:01:00	17:01:00 - 17:04:30
8	BUL 1	MITEVA Silvia			16:15:30 - 16:36:30	16:36:30 - 16:57:30	16:57:30 - 17:04:30	17:04:30 - 17:08:00
9	RUS 2	LUKONINA Yana			16:19:00 - 16:40:00	16:40:00 - 17:01:00	17:01:00 - 17:08:00	17:08:00 - 17:11:30
10	BLR 1	STANIOUTA Melitina			16:22:30 - 16:43:30	16:43:30 - 17:04:30	17:04:30 - 17:11:30	17:11:30 - 17:15:00
11	RSA	SANDLER Stephanie			16:26:00 - 16:47:00	16:47:00 - 17:08:00	17:08:00 - 17:15:00	17:15:00 - 17:18:30
12	THA	SRIDEE Tharatip			16:29:30 - 16:50:30	16:50:30 - 17:11:30	17:11:30 - 17:18:30	17:18:30 - 17:22:00
13	HUN	VASS Dora			16:33:00 - 16:54:00	16:54:00 - 17:15:00	17:15:00 - 17:22:00	17:22:00 - 17:25:30
14	UZB	TROFIMOVA Ulyana			16:36:30 - 16:57:30	16:57:30 - 17:18:30	17:18:30 - 17:25:30	17:25:30 - 17:29:00
15	GBR	JONES Francesca			16:40:00 - 17:01:00	17:01:00 - 17:22:00	17:22:00 - 17:29:00	17:29:00 - 17:32:30
16	TPE	LAI Ying-Tzu			16:43:30 - 17:04:30	17:04:30 - 17:25:30	17:25:30 - 17:32:30	17:32:30 - 17:36:00
17	RUS 1	ERMAKOVA Aleksandra			16:47:00 - 17:08:00	17:08:00 - 17:29:00	17:29:00 - 17:36:00	17:36:00 - 17:39:30
18	JPN 2	SHOJI Nanase			16:50:30 - 17:11:30	17:11:30 - 17:32:30	17:32:30 - 17:39:30	17:39:30 - 17:43:00
19	UKR 2	MAKSIMENKO Alina			16:54:00 - 17:15:00	17:15:00 - 17:36:00	17:36:00 - 17:43:00	17:43:00 - 17:46:30
20	FIN	ROMANJUK julia			16:57:30 - 17:18:30	17:18:30 - 17:39:30	17:39:30 - 17:46:30	17:46:30 - 17:50:00
21	BUL 2	PRODANOVA Bilyana			17:01:00 - 17:22:00	17:22:00 - 17:43:00	17:43:00 - 17:50:00	17:50:00 - 17:53:30
22	CAN	MANTCHEVA Demetra			17:04:30 - 17:25:30	17:25:30 - 17:46:30	17:46:30 - 17:53:30	17:53:30 - 17:57:00
23	AUT	WEBER Caroline			17:08:00 - 17:29:00	17:29:00 - 17:50:00	17:50:00 - 17:57:00	17:57:00 - 18:00:30
24	BRA	ROSA SAMPAIO Eliane			17:11:30 - 17:32:30	17:32:30 - 17:53:30	17:53:30 - 18:00:30	18:00:30 - 18:04:00



## Detailed Warm-up and Competition Schedule RG - July 18th, 2009

### RHYTHMIC GYMNASTICS - Final Ball



Startlist	Ranking after Qual.	FED	Name	Warm-up	Floor with music 12'		Floor without music 12'		Waiting Area 3'		Competition 3:15'	
1	6								18:53:00	- 19:00:00	19:00:00	- 19:03:30
2	4								18:56:30	- 19:03:30	19:03:30	- 19:07:00
3	2								19:00:00	- 19:07:00	19:07:00	- 19:10:30
4	5								19:03:30	- 19:10:30	19:10:30	- 19:14:00
5	7								19:07:00	- 19:14:00	19:14:00	- 19:17:30
6	3								19:10:30	- 19:17:30	19:17:30	- 19:21:00
7	1								19:14:00	- 19:21:00	19:21:00	- 19:24:30
8	8								19:17:30	- 19:24:30	19:24:30	- 19:28:00

### Final Ribbon

Startlist	Ranking after Qual.	FED	Name	Warm-up	Floor with music 12'		Floor without music 12'		Waiting Area 3'		Competition 3:15'	
1	6								19:23:00	- 19:30:00	19:30:00	- 19:33:30
2	7								19:26:30	- 19:33:30	19:33:30	- 19:37:00
3	4								19:30:00	- 19:37:00	19:37:00	- 19:40:30
4	2								19:33:30	- 19:40:30	19:40:30	- 19:44:00
5	1								19:37:00	- 19:44:00	19:44:00	- 19:47:30
6	8								19:40:30	- 19:47:30	19:47:30	- 19:51:00
7	5								19:44:00	- 19:51:00	19:51:00	- 19:54:30
8	3								19:47:30	- 19:54:30	19:54:30	- 19:58:00

AWARD CEREMONY for 2 finals 20:00 : 20:15